

# A Bit More About the SLN

## **Our Meetings**

The Surrey Ladies Network holds a monthly lunch meeting in Walton-on-Thames. These meetings take place on the 3<sup>rd</sup> Wednesday of the month, with the exception of August and December.

Meetings will consist of time for informal chat with other members as well as a presentation from one of our members or an outside speaker on topics which are of interest to the group. Whether this be financial matters such as pensions, executive presence workshops, stress reduction techniques and mindfulness, imposter syndrome or how to have difficult conversation at work or at home, we are always keen to know what our members want to learn more about. So if you ever have any suggestions, let us know!

#### Fees

There is a *monthly membership fee of £20 per person*. This is payable on either a monthly basis or upfront for the entire year. Fees cover our lunch meetings as well as any socials we run in the summer or around Christmas time.

If you are paying monthly, fees must be paid before the date of the meeting and are applicable even if you do not attend. We are keen to keep attendance in a strong place and feel the commitment to our regular meet ups is important for both your growth and the growth of all our members.

### Attendance

As noted above, we encourage a regular monthly attendance at our meetings. We understand that life often throws a spanner in the works, so we do not make attendance mandatory. However, if you are paying monthly and are unable to make our meetings for three months in a row, we will consider this forfeiture of your place in the group and open your spot to someone else.

If you have paid yearly and miss three meetings in a row, your membership will come under review once your paid year is completed.

These terms are solely in the interest of keeping the group running and active. Extenuating circumstance will be considered if a long-term absence is anticipated on your part. Please



don't be afraid to let us know if you are worried about this happening. The most important thing for us is that members feel comfortable and open should conflict or inconsistencies arise.

## **Your Obligation**

In addition to the aim of regular attendance we ask that our members are open and supportive of each other. Constructive advice is always welcome in our group, and it is encouraged. We just ask that it is done with empathy and understanding for the person's situation and that it comes from a place of guidance rather than judgement. (Though if you feel in line with our core values, this will likely come naturally to you!)

## **Our Promise to You**

Being a member of the Surrey Ladies Network means you have the support and guidance of a network of likeminded, career-driven women. We champion each other both inside and outside of our monthly meetings. Together we aim to push business development and growth for each other and keep our fellow members at the forefront of our minds should someone ask for a recommendation for a professional in your field. Knowing you are, and have a network of, trusted contacts can make the flow of potential new business moving.

We also just enjoy each other's company. The social aspect of our meetings is low pressure and fun. Whatever nerves you feel walking into you first meeting will quicky pass over a delicious lunch and encouraging conversation.

If at any point in your membership you feel the group is not fulfilling its promise, we want to know. The opinions and perspective of our membership is important for the strength and the direction of the group. We may have started it, but all of us develop it. This group is designed for the members, by the members.